



# SCHOOL SPORT VICTORIA

## TRACK & FIELD – SECONDARY

These rules apply to State, Region and Division competitions. Any variations to these rules at Region and Division levels will be found on the relevant page on the SSV website.

- Venue:** Lakeside Stadium, State Athletics Centre, Albert Park
- Parking:** There is metered parking in the Lakeside Car Park and Albert Drive. The costs are \$5.20/hour or All-Day parking costs \$13.00 (meters take coins & credit card and does not give change).  
This information is correct at the time of printing.
- Entry Fees:** Adults: \$5                      Students and Children (Under 15) are free.  
Teachers will be given free entry on production of their VIT Registration Card or school ID Card.  
Officials will have their names listed on a sheet at the entry gate for free entry.
- Format:** Finals for athletes qualifying from Region finals
- Program Modification:** Please note that these State Championships will not be cancelled due to inclement weather.  
The Convener / Competition Coordinator has the right to modify the timing of the program to ensure efficient and safe conduct of the Championships.
- Conditions:** See the School Sport Victoria 'General Conditions of Competition'.  
All players, teachers, spectators and officials are bound by the 'SSV Codes of Conduct'  
A girl cannot play in a girls' team and a boys/mixed team in the same sport.  
The level of competition chosen by a student at Division level remains binding through to Region and State levels.
- Qualifying Athletes:** Ages are calculated as at 31 December 2022.  
Competing athletes are those who qualified at each of the eight Sporting Regions of SSV and must be bona-fide secondary students. For Walks and 3,000 metre events they must have satisfied the qualifying standard, as set out (below).  
Regions may be represented by 1 competitor in each event except 1500m, 3000m and Walk events in which case 2 competitors from each Region are eligible to compete. If a tie occurs this must be resolved at region e.g., Jump Off, Race Off etc.  
Each Region will have one representative qualify for each event on the program for students with a disability.  
A competitor may compete in an older age group provided they only compete in one age group for all of their individual events.  
They may, however, compete in an event in another age group for which they are eligible if there is no 'identical' event in their own age group. For the purposes of this rule, all Hurdle events shall be regarded as 'identical' as shall all Shot Put, Discus and Javelin events.  
A competitor may compete in a different relay age group to their individual event age group.  
Competitors may only compete in one age group in the relays. There are no Multiclass Athlete Relays.  
The age group an athlete competes in at Division Level cannot be changed when competing at higher levels of competition.  
Changes to entries, as notified by the Region Coordinator, will only be accepted up to two (2) working days prior to the Championships. After this time, changes will not be accepted.
- Qualifying Standards:** Athletes must satisfy the following standards to compete in the following events at State level:

Event	Qualifying Standard (mins)
Girls 12-15 1500m Walk	10:30.00
Girls 16-20 1500m Walk	10:30.00
Boys 12-15 1500m Walk	09:00.00
Boys 16-20 1500m Walk	09:00.00
Girls Open 3000m	13:00.00
Boys Open 3000m	11:00.00

<b>Multiclass Athletes (MC):</b>	<p>Multiclass events are conducted in 100m, 200m, Long Jump and Shot Put.</p> <p>Multiclass events will be conducted using the multi disability format for both boys and girls: Intellectual Impairment, Ambulant and Wheelchair. Results calculated using the Athletics Australia Multi Disability Standards (MDS) tables. Each event will be conducted using WA/IPC rules, with AV Officials as Referees.</p> <p>Each Multiclass competitor MUST have competed at the Region level.</p> <p>School Sport Victoria reserves the right to invite extra Multiclass athletes who have not placed 1<sup>st</sup> at their Region competition based on their region performances and the MDS points system.</p> <p>An athlete is not eligible to compete in the Multiclass and able-bodied event of the same discipline.</p> <p>Students must hold a current classification. Students without a classification must contact the Australian Paralympic Committee (see contact details on the SSV website)</p> <p>Multiclass Athletes wishing to compete in able body events (including relays) must qualify according to the regular SSV progression pathway.</p>
<b>Maximum No. of Events:</b>	<p>Athletes are permitted to compete in a maximum of 5 events, which excludes relays and steeplechase.</p>
<b>Rules:</b>	<p>The Championships are conducted under rules of World Athletics (WA), International Paralympic Committee (IPC) and the SSV unless otherwise stated.</p> <p>All events for students with a disability will be contested as multi disability format and results will be calculated using the Athletics Australia Multi Disability Standards (MDS) tables.</p>
<b>Marshalling:</b>	<p>Competitors must report to their event site at least 20 minutes prior to the scheduled starting time of the event. Competitors should be aware that the scheduled times printed in the program are approximate and subject to change. Appropriate announcements will be made concerning any substantial alterations.</p>
<b>Track Events:</b>	<p>All track events will be conducted as straight Finals.</p> <p>In 800m, Competitors will start in lanes and may move out of their lane after the first 100m has been completed and having crossed the green beak line.</p> <p>In 1500m and 3000m, competitors will start on the curved line.</p>
<b>Lane Allocation:</b>	<p>Lanes will be drawn according to the IAAF and IPC Rules.</p> <p>Track competitors may be required to wear identifying numbers on their uniform.</p>
<b>Starts</b>	<p>Competitors in events up to and including 400m events will be required to use a 'crouch' start. This includes Hurdle events.</p> <p>The one false start rule will be used. The first 'break' will be deemed a 'False Start'. Any further 'breaks' (by any competitor) will result in disqualification of the offending competitor.</p> <p>The use of starting blocks is not compulsory, but they will be provided.</p> <p>Private starting blocks will NOT be permitted.</p>
<b>Relay Team Sheets:</b>	<p>The four members of each relay team must be students at the same school/campus, with names submitted on the relay team sheet prior to the competition. Teams will be disqualified if a relay team sheet is not supplied or runners in the event do not match the names listed.</p> <p>Each school must submit One Relay Team sheet per relay team.</p> <p>Relay Team Sheets must be submitted to the convener <b>a minimum of 48 hours prior to the championships</b>. Alterations can be made to the team sheet up to 1 hour prior to the first relay event running.</p> <p>Girls are permitted to compete in a Boy/Mixed Relay provided they do not also compete in a Girls' Relay. A Boys/Mixed team must be made up of a minimum of one Boy. Boys are not permitted to compete in the Girls' Relay.</p> <p>Team sheets are to be emailed to: <a href="mailto:ssv.interschoolsport@education.vic.gov.au">ssv.interschoolsport@education.vic.gov.au</a></p> <p>Each school may name a maximum of six (6) competitors, with four (4) to compete in the relay.</p> <p>School from within the same Secondary Division with a combined enrolment of no more than 300 students may enter Division, Region and State competitions as a combined representative team.</p> <p>Substitutions may only be made from the named emergency competitors.</p> <p>The level of competition chosen by a student at Division level remains binding through to Region and State levels.</p> <p>All competitors must comply with the relevant General Conditions of Competition Rules 1, 2 and 3 and the rules of the sport.</p>

**Relay Batons:** Relay batons will be provided.

**Field Event:** The order of competition will be in accordance with IAAF and IPC Rules.  
In all field events, except High Jump, three rounds of competition will be held.

**Field Event Winner:** In all field events, other than the high jump, where two or more competitors have the same 'best' trial, their second-best trials will be compared to determine the winner. If still equal, the third best trials are compared.

**Clash of Events:** Where a clash of a track event and a field event occurs, a competitor must report to the field event official first and, if time permits, take one or more trials. The competitor must then marshal for his/her track event and return to the field event immediately after the track event and complete his/her three trials. The three trials must be completed within the time allocated to the event.

Where a clash occurs between a track event and a high jump event the competitor must report to the high jump event prior to marshalling for his/her track event. The competitor must return to the high jump as quickly as possible after the track event. The high jump event will continue in their absence. The competitor must continue at the new height when he/she returns. The bar will not be lowered.

**Steeplechase:** This event is offered for competition among boys and girls at State Final level only. Online entries via the [entry form](#) (also found in the [Downloads](#) of the [SSV website](#)) must be completed & submitted by the due date. Late entries will not be accepted.

The entry must include endorsement by the school Principal/Sports Convener that the student is competent in the event and is capable of performing at the qualifying standard. No school/campus shall be represented by more than 3 competitors.

The qualifying standards that must be met are:

Event	Qualifying Standard (mins)
Girls Open Steeple chase	10:30.00
Boys Open Steeple chase	09:00.00

**Deletion of events:** The Steeplechase will not be conducted unless sufficient entries are received.

**Protests (WA Rule):** Protests will be heard on the day of competition ONLY. Protests received after the day of competition will not be accepted

Protest concerning the conduct of an event, in the first instance, should be made to the appropriate Referee (Track Referee for all track events; Throws Referee for shot put and discus; Jumps Referee for high jump, long jump and triple jump; Disability Referee for all disability events) by the athletes or their teacher. If their teacher is not in attendance, the adult responsible for the athlete may act on the athlete's behalf. This can be made immediately an incident occurs or within 10 minutes of the conclusion of the event.

If the Referee, makes a decision that is not agreed with, an appeal to the Jury of Appeal may be made, accompanied by a **fee of A\$50 cash**, which will be forfeited if the appeal is not upheld. This appeal **must** be in writing within 10 minutes of the conclusion of the event or the Referee's decision, whichever comes first. The written appeal must be given to the Administration Manager located in the Official's Room.

No other form of protest will be heard.

Presentations will be held for 10 minutes.

**Presentations:** Immediately after each event, unless there is a protest, the first 3 placegetters must report to the victory dais for presentation of medals.

**Invitation Competitors:** Invitations to compete can only be considered in competitions for individuals and teams and then only where space is available.

Invitation requests can only be considered if the reason for an invitation satisfies one of the criteria in the School Sport Victoria Invitation Policy.

The level of performance of the individual/team concerned must be able to be verified and be of sufficient standard to have normally qualified him/her for the level of competition.

Invitation competitors are eligible to receive medals but do not gain points for their school in the schools' competition.

**Dress and Spikes:** Students are expected to compete in appropriate school athletic uniforms [i.e. tracksuit bottoms are not appropriate for track events and jeans are not appropriate for field events.

Maximum length of spikes is 7mm [track] and 9mm [javelin, high jump and horizontal jumps]

Only 'Pyramid' or 'Christmas Tree' only are permitted in spike shoes

Players not correctly dressed will not be permitted to compete.

**Hydration:**

It is recommended that all athletes bring their own water bottles.

**Sports Tape:**

Sports Tape **MUST** be supplied by the student/competing team if pre-game strapping for injury prevention by the qualified sports trainer (if present) is required.

**SSV Privacy Policy:**

The Information Privacy Act 2000 requires School Sport Victoria to inform you that, in the conduct of school sport, photographs may be taken of participants and results compiled to record student participation, celebrate student success and achievement and to promote SSV and events conducted by SSV.

We limit the use and disclosure of any personal information to the purpose of participating in school sport.

By accepting the invitation to participate in events under the auspices of SSV, you undertake to abide by the SSV Privacy Policy.

**Trophy:**

A perpetual trophy will be awarded to the school with the highest points total at the Championship and will hold the trophy for a one-year period.

Points are not awarded if competitors are disqualified, do not finish or do not marshal.

Invitation competitors cannot earn points for their school, but they may receive individual awards.

Points Allocation:

Placing	1	2	3	4	5	6	7	8	9	10	11	12
Individual events	10	8	6	5	4	3	2	1	1	1	1	1
Relay events	20	16	12	10	8	6	4	2	-	-	-	-