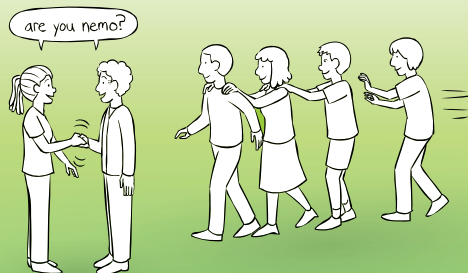


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Finding Nemo



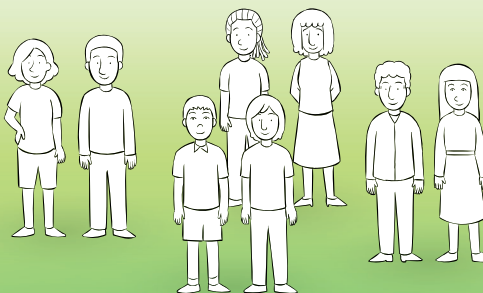
Quick, addictively fun energiser your group will want to play again & again!

1. Appoint a secret person, and then announce this person is 'Nemo.'
2. To start, everyone (including Nemo) greets one another, shaking hands, asking "ARE YOU NEMO?"
3. Everyone other than Nemo must answer "NO."
4. Nemo will answer "NO." to first 5 to 10 people, after which, they must say "YES."
5. When a person hears "YES." to their question, they will quickly and silently form a congo-line behind Nemo.
6. Aim of game is to avoid being last person to join congo line.
7. The game concludes once everyone becomes part of line.

For video tutorials, leadership tips & variations, go to:

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Getting Into Pairs



You can never have enough fun, random methods to split your group into pairs

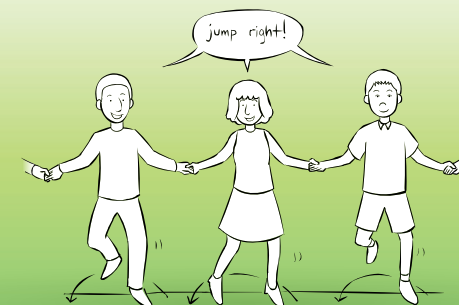
Ask each person to find someone else who has the same or similar...

- Colour of top, pants, socks, etc
- Type of shoes worn
- Month / season of birth
- Length of hair
- Height, or size of hands, feet, thumb, etc
- Colour of eyes or hair
- Same last digit of their street address or phone number
- Favourite genre of movie, sport, book, etc
- Number of letters, syllables or vowels in their name

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Jump In Jump Out



Hilarious jumping exercise that is guaranteed to produce fits of laughter

1. Form circle, holding hands, facing in to centre.
2. Ask group to "SAY WHAT I SAY, AND DO WHAT I SAY."
3. Practice with one of four commands - "JUMP IN," "JUMP OUT," "JUMP LEFT," or "JUMP RIGHT."
4. Call series of 'Jump' commands, one after another for 20 seconds.
5. Ask group to "SAY OPPOSITE OF WHAT I SAY & DO WHAT I SAY."
6. Continue series of 'Jump' commands, one after another for 20 seconds.
7. Ask group to "SAY WHAT I SAY & DO OPPOSITE OF WHAT I SAY."
8. Continue series of 'Jump' commands, one after another for 20 seconds, or until circle breaks apart.

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