Phone: (03) 9084 9001





Updated: 09 October 2024

Aquathlon, 11-12 Years Aquathlon, 11-19 Years Multiclass

The School Sport Australia (SSA) Aquathlon 13–19 Years Championships will be held in **Rockingham**, **WA** from **Sunday 23 March – Thursday 27 March**, **2025**.

AGE GROUPS	DISTANCES	NUMBER OF TEAM PLACES
11 - 12 Years	1km run, 200m swim, 1km run	8 Males, 8 Females
11 - 12 Years Multiclass	100m swim, 1km run	6 Males, 6 Females
13 - 14 Years Multiclass	100m swim, 1km run	6 Males, 6 Females
15 - 16 Years Multiclass	200m swim, 1km run	6 Males, 6 Females
17 - 19 Years Multiclass	200m swim, 1km run	6 Males, 6 Females

Age Eligibility:

• 11 to 19 years of age as of 31 December 2025.

Sport-Specific Eligibility:

- To be considered eligible for selection, all trialists must be current financial members of Aus Triathlon.
- Multiclass trialists Comply with the multiclass categories, classifications and descriptions for the 2025 School Sport Australia Championships.

SSV Member Schools:

- Trialling for Team Vic is only possible if your child's school is a financial member of School Sport Victoria (SSV) for 2025.
- SSV will contact you if the school your child attends is not a financial member.

Trials Progression:

- Trialists are required to participate in at least one selection race to be considered for the team.
- Trialists MUST register to try out for Team Vic by Friday 8 November at:

Registration for Aquathlon, 11-12 Years

Registration for Aquathlon, 11-19 Years Multiclass

<u>AND</u> register for the listed selection events below via the event websites. Please note that the registration for externally provided selection events may close before Friday 8 November, 2024.

Western Suburbs Triathlon Club

(SSV events at the bottom of the page)

NOTE: Trialists that enter the incorrect or other events will not be considered for selection.





















State Selection:

- To be considered for selection, a trialist must meet the eligibility criteria.
- A maximum of **64** students **may** be selected for the team.
- Up to **2** emergency students of each gender, in each competition category **may** be selected and offered the opportunity to train with the selected team.
- If more than 1 team emergency is named in a category, the students selected will be listed in priority order.
- Selection is not confirmed until school's endorse their student's participation in the SSA Championships as a representative of their school and SSV.

AQUATHLON SELECTION RACE

Sunday 17 November Western Suburbs Triathlon Club

Altona Foreshore, 3018 1km run, 200m swim, 1km run

11-12 Years Trialists

- Top 8 in each gender category (AND complete the event in a time less than 110% of the winner's time) are automatic selections, unless the event is cancelled due to weather.
- Trialists must enter WSTC race and select the 'Junior Aquathlon SSV Selection Race'

(All Ages) Multiclass Trialists

- It is important that trialists complete their event within a suitable time frame that reflects both effort and ability. While speed is a factor, the focus is on finishing the race in a manner that demonstrates readiness and capability for higher-level competition, with consideration for the unique challenges faced by multiclass athletes.
- Top 6 in each gender category (AND complete the event in a time less than 110% of the winner's time) are automatic selections, unless the event is cancelled due to weather.
- Multiclass trialists must enter the WSTC race and select the 'Junior Aquathlon SSV Selection Race
 Multiclass'

ALTERNATIVE SELECTION TRIAL (APPLICABLE IF WSTC EVENT IS CANCELLED DUE TO WEATHER)

Friday 6 December Time Trial

Melbourne Sports and Aquatic Centre & Lakeside Athletics Track Aughtie Drive, Albert Park, 3206

Information for Trialists

• 100m or 200m pool time trial, followed by 1km or 2km running time-trial

SELECTION GUIDELINES

School Sport Australia Championships consists of both educational and sporting components. Being a member of a School Sport Victoria Team Vic representative team provides the opportunity to be involved in all educational and sporting excursions and aim for national selection.

Team Officials run a selection process that is fair and transparent. This process involves the design of guidelines and trial activities, assessment of students and ensuring students, parents and teachers are made aware of this process.















^{*}Note - SSV reserves the right to adjust trial dates, times and venues

Team members are expected to abide by the following responsibilities:

- Attend all sessions (i.e., including but not limited to training, uniform presentation, team photo, online professional learning sessions etc.,) as deemed compulsory by Team Officials.
- Must be accompanied by a parent/carer to the 2025 Championships. Parent/carer is responsible for the travel, meals and accommodation for themselves and their child.
- Purchase the compulsory uniform (approx. \$250.00 \$400.00)
- Complete and return all team documentation to the Team Manager by the due date.
- Pay all team fees by the due date (approx. \$800.00 \$1200.00).
- Attend all SSA Championship sessions, including the opening and closing ceremonies and the championship team experience as per the <u>SSA Championship Attendance Policy</u>.
- Recognise that the SSA Championships are school activities, and the decision-making regarding each team member's participation in those activities or in preparation for those activities, is the responsibility of the Team Officials.
- Be respectful of the role of the Team Officials in making decisions regarding each team member's participation in SSA Championship activities or other preparation activities.
- Follow and comply with any health or safety advice that is issued.

Guidelines for selectors

- Selection is based on trial performance.
- Where there may be a perceived or actual conflict of interest such as: trial coordinators assessing the selection of a friend or relative, this must be communicated to SSV and a plan to manage the conflict will be developed and implemented.
- Trialists must participate in at least one stage of the selection trial process to be considered eligible for selection
- Team balance is critical to selection of the final squad.

Selectors are looking for:

- Strong performance in selection events
- Concentration and focus during events
- Positive on and off course behaviour
- Strong sense of team spirit / good sportsmanship
- Ability to communicate / cooperate with teammates / Team Officials
- Understands rules of the sport
- Adequate level of fitness
- Ability to follow instructions
- Ability to control emotions
- Leadership skills
- Carry out skills under pressure
- Ability to listen to advice
- Team player













